


Family Group Meetings

Helping children to be safe





All families have happy, sad and scary times.
Sometimes families need help to
change the things that are sad or scary.



When parents need help to
look after their kids,
we have a meeting called a
Family Group Meeting,

to talk about what is happening.



This is where you and
all the important people in your life
.....
talk about how to keep you safe and well.
.....

A person called a convenor
will be at the meeting
to make sure everyone has a say.



Your teacher, or a family member like
an aunty, might be there to talk about
how you're going and
how they can help.



At the meeting, you can tell people



What makes you happy



and what makes you sad



or scared.

If there is someone you are close to
and trust, you can ask them to
help you say what you are feeling.

You can write a letter or draw a picture
about what you are feeling.



You and your family will then get some time
alone to talk about how to keep you safe.

This is called family time.





At the end of the meeting,

everyone will make a plan

to keep you safe and
cared for.

You and your family will
get all the help you need.

You will get a copy of the plan

so you know what has been said
and who needs to do what.



A person called
a Child Safety Officer will
visit you and your family
to make sure the plan
is working.



We are all here because
we care about you and
we want you to be safe and happy.

